USING YOUR CONTACT LENSES

THANK YOU FOR SHOPPING WITH COLOURED CONTACTS!

We want you to have a safe contact lens experience and to see some incredible eye colour transformations. This all starts with ensuring you know everything about coloured contact lens health and safety. As well as this pocket care guide you can use our online care guides resource filled with helpful articles, video tutorials and more.

WHEN YOU RECEIVE YOUR CONTACT LENSES

Before you go ahead and get started with your coloured contacts, please ensure that you consider our customer checklist BEFORE opening the packaging:

CUSTOMER CHECKLIST

1. **CHECK The Packaging** – check that the contact lens vials or blister packs are securely sealed and that the packaging is intact. If you have any concerns, please contact customer services.

2. **CHECK The Lenses** – if the contact lenses themselves appear damaged, ripped or dried out then do not open them and contact customer services.

3. **CHECK The Guides** – make sure that you know the best ways to handle and care for coloured contact lenses before you open them. Use this guide and our online resources.

It is also important that you are happy with factors such as the prescription of the contacts and the design of the lenses before opening. This is due to the fact you may be unable to return or be refunded for incorrect contact lenses once they have been opened.

PREPARING CONTACT LENSES

- Wash & dry hands (with unscented soap) before handling coloured contact lenses.
- Soak lenses in eye care solution for at least two hours before attempting to wear.
- Examine the contact lenses to make sure that they are not inside out.
- Ensure lenses do not come into contact with any other cosmetics or makeup.

INSERTING CONTACT LENSES

![Inserting Contact Lenses Illustration]
REMEMBER: Contact Lens Users should be at least 18 years old.

WHEN WEARING CONTACT LENSES
- Do not wear coloured contact lenses for longer than the recommended 8 hour duration.
- Do not attempt to ‘stack’ lenses or wear more than one in each eye at a time.
- Under no circumstances should you sleep while wearing coloured contact lenses.
- Avoid swimming, showering, bathing, contact sports and heavy exercise during wear.
- Do not share contact lenses with someone else.

TROUBLESHOOTING DISCOMFORT
Contact lens irritation and discomfort can be an unfortunate occurrence when wearing contact lenses. If you experience any undue irritation, pain or redness you should remove the contact lenses immediately. If you experience pain you could try to:
- Re-soak the contact lenses to further soften them and ensure they are bacteria free.
- Check the lens for any rips or tears that may be the cause of discomfort.

Sometimes, discomfort can be caused by contact lenses that are not fitted properly or even the conditions or climate where the contacts are being worn. Do not attempt to repeatedly wear contact lenses if the discomfort continues. If the pain persists after the contact lenses have been removed, you should consider visiting an optician for advice.

REMOVING CONTACT LENSES

STORING CONTACT LENSES
- Long duration lenses should be stored in solution and in a sealed case between uses.
- Only use eye care solution to clean lenses; never use water, saliva or household products.
- Ensure you regularly update and refresh your solution during long term storage.
- Always inspect the contact lenses before trying to wear them again.

REMEMBER
For health and safety reasons, our users must be at least 18 years old and not suffer from any eye conditions that may be worsened by the wear of coloured contacts. Any advice from our guides must be used alongside advice from a registered optician. Please see more in our online Customer Disclaimer. www.colouredcontacts.com/disclaimer
BECOME AN AFFILIATE

Think you’d make a great contact lens affiliate? We are always looking for bloggers, vloggers, events and social media influencers to model and review our contact lenses. Fill out our Affiliate Sign up form online for a chance to join the team.

ONLINE CARE GUIDES

Find more care guides and contact lens advice online on our dedicated page: www.colouredcontacts.com/care-guides. We have comprehensive guides, informative blog posts and FAQ articles all designed to help you have a safe contact lens experience.

Make sure to watch our contact lens video tutorials to get top tips and tricks from our amazing affiliates who certainly know a thing or two about wearing coloured contacts!

NEED HELP?

Our customer services team is on hand to help with any queries or concerns related to your contact lenses. Email us on info@colouredcontacts.com with your query; including any images that might be useful. Alternatively, you can visit our Contact Us page for our telephone number and online email form.
SEE OUR LENSES IN ACTION

We’re immensely proud to have so many talented affiliates model our coloured contact lenses. Want to see just how good our lenses look in action? Then make sure to check our Gallery Page - there is a sneak preview above!

Both our gallery pages and blog posts are the perfect way to get some styling inspiration for your new coloured contact lenses. From everyday beauty looks to terrifying Halloween SFX creations, come and find a look that’ll help to bring your coloured contacts to life!

1. @makeup_by_rups
2. @queenoffluna
3. @courtneyleighhollins
4. @avada__kedavra
5. @margo.horror_beauty
6. @beautyinthe_shadows
7. @artbybmazz
8. @lindsayh_model
9. @miss_stryx
10. @jota_studio
11. @ladyparadoxx
12. @jojorivera__
LEAVE US A REVIEW

We'd love to hear about your Coloured Contacts experience on TrustPilot or Reviews.co.uk.

FIND US ON SOCIAL MEDIA

Keep up to date with everything Coloured Contacts by following us on social media. Tag us in your contact lens creations for the chance to be shared.

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WWW.COLOUREDCONTACTS.COM